

FIRST AID AT WORK - 4 Day

Contents:

- Principles of First Aid
- First Aid in the workplace (Regulations etc).Responsibilities of the First Aider.
- Patient assessment and management (Wounds, Bleeding, Unconscious Patient etc)
- CPR on adult, child and baby.
- Breathing/Circulation
- Breathing/Circulation disorders (Angina, Heart attacks, Asthma, Asphyxiation, Choking.)
- Medical disorders(Diabetes,Epilepsy,Hypo-Hyperthermia)
- Bites, Stings, Poisons, Allergies.
- Burns, Scalds
- Fractures and muscle injuries
- Head injuries.

FIRST AID AT WORK REFRESHER- 2 Day

Contents:

- Responsibilities of First Aider
- Patient assessment and management (Conscious/ Unconscious, Wounds, Bleeding
- Breathing/circulation disorders (Angina, Heart Attack, Asthma, Asphyxiation
- Burns, Scalds
- Head Injuries
- Fractures and muscle injuries

* Both courses include daily revision, re-caps with final written and practical assessments.

APPOINTED PERSONS- 1 Day

Contents

- Principles of First Aid
- Responsibilities
- Patient assessment and Management(CPR, Wounds and Bleeding)
- Breathing/circulation disorders(Heart attack, Asthma etc)
- Bites, scalds, poisons, allergies
- Head and muscle injuries and fractures
- Medical disorders (Diabetes Epilepsy etc)
- Other sessions to your requirements.

EMERGENCY RESPONSE-4/6 Hours

Contents:

- Principles of First Aid
- Patient assessment and management (Wounds, Bleeding, burns, Scalds, Fractures,) Head/Muscle injuries.
- Breathing/ Circulation (Asphyxiation/Choking, Asthma)
- Medical disorders (Epilepsy, Diabetes etc)
- CPR –Adult and Child
- Other sessions to suit requirements.

CHILD AND BABY-4/6 Hours

Contents:

- Principles of CPR
- Breathing/Circulation
- Breathing/Circulation disorders(Asthma, Asphyxiation, Choking etc)
- CPR
- Other sessions to suit requirements.

ADVISORY EXTERNAL DEFIBRILLATION – 1 Day

Contents

- Initial Assessment
- Breathing/Circulation disorders (Asphyxiation, Choking etc)
- CPR
- Use of defibrillator (Safety operational protocols etc)

OXYGEN AND ENTONOX-4/6Hours

Contents

- Initial Management
- Breathing/ Circulation
- Breathing/ Circulation disorders
- Indications/ Contradictions of Oxygen
- Indications/ Contradictions of Entonox

PATIENT HANDLING-4/6 Hours (Adult and Child)

Contents

- Anatomy/ Physiology of spine
- Correct handling methods
- Use of slings/hoists etc (If appropriate)
- Risk assessment

EPIPEN-2 Hours

Contents

- Initial assessment
- Recognition of Anaphylaxis
- Indications/ Contradictions of Epipen
- Patient management